## "In the cold of winter, we often find our inner strength." JANUARY 2025 "Let this January be the beginning of all that you hope for."

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy New Year 2025 to you and your family!	Happy Birthday To all our January Birthday Residents		* 8:30 News/Current Events 10:00 Bible Study—2 West *11:00 Stretch & Strength 2:00 Catholic Communion *2:30 Gaither Classic Music 3:00 1W Exercises Hanukkan	2 *8:30 News/Current Events 9:30 Sentimental Reflections *11:00 Exercise/Balance 2:30 Music with Dean  3:00 Scrabble-2nd Floor 3:00 1W Coloring	*8:30 News/Current Events *9:30 Smile & Sway *11:00 Sentimental Reflections  *2:30 3:00 Word Searches -2 Fl. 3:00 1W Exercises	*10:00 Exercise Video  *2:00 Movie Day With Jan
5 10:00 Coloring 1West 10:00 Scrabble-Library 2:00 Cards in Library (pick up from receptionist)  3:00 Puzzles Library	6 *8:30 News/Current Events *9:00 Faces & Places *10:00 Music Video *2:00 Exercise/Balance 3:00 Dominoes 2nd Floor 3:00 1W Coloring	*8:30 News/Current Events *9:30 Sit & Be Fit  *11:00 2:30 Dietary Meeting 3:00 Puzzles 2nd Floor 3:00 1W Art	* 8:30 News/Current Events *9:30 Juice & Snacks 11:00 Bible Study—2 West *11:00 Stretch & Strength 2:00 Catholic Communion *2:30 Elvis Presley Birthday -Music Video-Part 1 3:00 1W Exercises	9 8:30 News/Current Events 9:30 Sentimental Reflections *11:00 Exercise/Balance *2:00 Birthday Social  3:00 Scrabble-2nd Floor 3:00 1W Coloring	*8:30 News/Current Events *9:30 Smile & Sway  *11:06 *2:30 Movie -Elvis General Store Deliveries 3:00 Word Searches 3:00 1W Exercises	*2:00 Movie Day with Jan
12 10:00 Coloring 1West 10:00 Scrabble-Library 2:00 Cards in Library (pick up from receptionist)  3:00 Puzzles Library	13 8:30 News/Current Events *9:00 Faces & Places *10:00 Music Video *2:00 Exercise/Balance 3:00 1W Coloring 3:00 Dominoes	*8:30 News/Current Events *9:30 Sit & Be Fit  *11:00 *2:00 Line Dancing Video 3:00 Puzzles 2nd Floor+ 3:00 1W Art	*8:30 News/Current Events *9:30 Juice & Snacks 11:00 Bible Study—2 West *11:00 Osteoporosis exercise video 2:00 Catholic Communion *2:30 Gaither Classic Music 3:00 1W Exercises	16 *8:30 News/Current Events *9:30 Trivia *11:00 Exercise/Balance 2:30 Music with Dan 3:00 Scrabble-2nd Floor 3:00 1W Coloring	*8:30 News/Current Events *9:30 Smile & Sway  *11:00 2:30 Happy Hour Elvis Movie 3:00 Word Searches -2 Fl. 3:00 1W Exercises	18 *10:00 Exercise Video  *2:00 Movie Day with Jan
19 10:00 Coloring 1West 10:00 Scrabble-Library 2:00 Cards in Library (pick up from receptionist)  3:00 Puzzles Library	*8:30 News/Current Events *9:00 Faces & Places *10:00 Music Video 11:00 Pet visits with Yankee 2:30 Resident Council Meeting 3:00 Dominoes 2nd Floor 3:00 1W Coloring	21 * 8:30 News/Current Events *9:30 Sit & Be Fit  *11:00 *2:30 John Denver Music 3:00 Puzzles 2nd Floor 3:00 1W Art	*8:30 News/Current Event *9:30 Juice & Snacks 11:00 Bible Study—2 West *11:00 Stretch & Strength 2:00 Catholic Communion *2:30 Gaither Classic Music 3:00 1W Exercises	*8:30 News/Current Events *9:30 Sentimental Reflections *11:00 Exercise/Balance *2:30 Celtic Thunder Music 3:00 Scrabble-2nd Floor 3:00 1W Coloring	*8:30 News/Current Events *9:30 Smile & Sway  *11:00 *2:30 Elvis Music part 2 General Store Deliveries 3:00 Word Searches—2 FL 3:00 1W Exercises	25 *10:00 Exercise Video  *2:00 Movie Day with Jan
10:00 Coloring 1West 10:00 Scrabble-Library 2:00 Cards in Library (pick up from receptionist) 3:00 Puzzles Library  Library  Assisted Living	*8:30 News/Current Event *9:00 Faces & Places *10:00 Music Video *2:00 Exercise/Balance 3:00 Dominoes 2nd Floor 3:00 1W Coloring	*8:30 News/Current Events *9:30 Sit & Be Fit  *11:00 *2:30 Ring Toss 3:00 Puzzles 2nd Floor 3:00 1vW Art	*8:30 News/Current Event *9:30 Juice & Snacks 11:00 Bible Study—2 West *11:00 Stretch & Strength 2:00 Catholic Communion *2:30 Gaither Classic Music 3:00 1W Exercises	*8:30 News/Current Events *9:30 Sentimental Reflections *11:00 Exercise/Balance *2:30 Barbra Streisand music 3:00 Scrabble-2nd Floor 3:00 1W Coloring	31 8:30 News/Current Events *9:30 Smile & Sway *11:00 *2:30 Movie – Elvis 3:00 Word Searches - 2 Fl. 3:00 1W Exercises	ACTIVITY LOCATION  1W One West 1S One South 2W Two West 2S Two South * 3rd Floor