

The Gazette

OFFICIAL NEWSLETTER: LIBBY BORTZ ASSISTED LIVING CENTER



October 2018



It's that time of the year when Santa will be sending his helpers to ask what you might want or need this holiday season.

The helpers will be asking you this important question, so be ready to give us your request for this holiday season. (We ask that gift ideas for Santa not exceed \$20.00).

Thanksgiving is just around the corner.

If your plans will be taking you out of the community for the holiday, please notify the front desk at least 48 hours in advance. This will allow time for the staff to make sure medications are ready to go with the resident when they leave. Please remember that a family member will need to come and sign for medications from staff if the resident is on medication program. This will also assist us in getting an accurate count for the Thanksgiving meal which will be served at noon.



If you are planning on being in the facility for the Thanksgiving noon meal, an invitation is extended to you to invite two (2) guests to join you. Due to limited seating, guest reservations will be taken on a first come first serve basis, until list is filled.



National Healthcare
Food Service Week
October 7th - 13th

Libby Bortz Craft Fair

The Craft Fair has been scheduled for Saturday, Nov 3rd from 10 am - 2 pm in the Lobby.

We have residents and staff with lovely homemade items, great for holiday gifts or a treat for you. Items purchased will be charged to resident account. Hope to see you and family members!



Halloween is coming....

Booo.....we are on a hunt for some "scary" and "fun looking" residents and staff in costume for our Halloween Party. Dust out those drawers and get into the Halloween Spirit. Judging will take place during the party with lots of treats and little visitors from the Libby Bortz Staff. See you on the 31st.

Halloween Candy Donations

We are having a Halloween party on Oct 31st at 2:00 p.m. in the Dining Room. Donations of, **wrapped individually** candies would be greatly appreciated and **NO NUTS.** Donations accepted until Oct 26th. Thank you!



Employee of the Month

October

Mariela Ocana Olivas is our October employee of the month for October. Mariela



has been at Libby Bortz for a year and really enjoys getting to know everyone. Mariela is the middle child of three girls. Mariela has one daughter and a step daughter who are 8 and 9 years old.

Mariela has been with her loving boyfriend for 4 years and they enjoy going to the movies and going dancing and just having some good family time. Mariela also loves to read. Congratulations Mariela.

Employee of the month

September

Diane Djumbong is our employee of the month for September. Diane has been an employee at Libby Bortz since January. Diane states that she loves to spend time with her family and stated that Libby Bortz is her second home and really likes it



here. Diane was raised in Cameroon Central Africa. She speaks four languages and English. Diane has studied Marketing for two years, and immediately started her own electronic store back home. Diane, her husband and two children moved to the United States 3 years ago. Congratulations Diane.

Aging with Kindness- We will be holding an aging with kindness group on the 3rd floor on Thurs, Oct 11th at 6:15 p.m. to discuss World Kindness Day on Nov 13th continue to create a culture of kindness to our community.

Coming Soon-

We will be updating our large monthly calendar in the main hallway outside the dining room. We will be installing a large TV screen. This will be able to display the monthly calendar daily weather and menu for the dining room.

Pie Bingo



On Wednesday Nov 21st we will be having our annual pie BINGO Come join us for bingo and win a pie that you can take home and enjoy with your family and friends over the holiday. Hope to see you all there.



The Giving Tree

The Giving Tree is a program allowing family, friends, staff and volunteers to share in the holiday spirit by providing special gifts for all residents. The gifts will be delivered during the Resident Holiday Party on Friday, December 21st. Secret Santa ideas will be gathered and resident names placed on the GIVING TREE near the reception desk. If you would like to participate in this holiday program, select a name(s) off the tree & give it to the receptionist, who will share the resident's wish list with you. Please wrap your selected gift placing resident's name on a tag and return to the facility by Friday, December 14th. **Residents.....please do not remove names from the tree!**



Upcoming Events and Activities

Tuesday, October 2ND - "Baking with Mandy"

We will be making homemade Twice Baked Potatoes per our resident request. Meet at 2:30 p.m. in the Activities Room.

Tuesday, October 9th - "Birthday

Party with "Dean" Come and enjoys some cake and ice cream and celebrate residents October birthdays at 2:30 p.m. in the main dining room.



Thursday, October 11th - "Ladies Lunch"

We will be serving Pizza & Beer.

Ladies if you would like to join us on the 3rd floor at 12:00 p.m. Please sign up at the front desk. Space is limited.



Monday, October 15th - "Book Club" Are you interested in being a part of a book club? Come and join us on the 3rd floor at 2:00 p.m. and look over all the books that we can offer.

Wednesday, October 17th - "Doughnut and Cider Social". Come and enjoy some yummy doughnuts and cider on the 3rd floor at 10:00 a.m.

Wednesday, October 19th - "Omnibus Outing"

we will be going to the Romano's Pizzeria for lunch. If you are interested in joining us for lunch please sign up at the front desk. Bus will pick up at 11:00 a.m. and we will meet in the lobby.

Thursday, October 25th - "Arts with Mandy"

Come and join us in the Activities Room at 2:30 p.m. We will be decorating pumpkins.

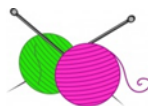
Donation Needed:

We are in need of donations of yarn for our Chat & Stitch group. Also laundry is in need of plastic hangers.



Chat & Stitch Group-

We will be meeting every Tuesday and Friday on the 3rd floor at 1:15 p.m. if we have entertainment than Chat & Stitch will held in the 2nd floor library. Thank you Ladies



for all your hard work. We are always looking for new members to come and join us.

Ready for the

Cold of WINTER?

Dynasty Painting will be placing covers on resident air conditioner units' on Monday, October 15th. A/C units will be unplugged and tagged with a reminder not to utilize the air condition unit during winter months.



Flu Season

Influenza or "flu" is a contagious disease that spreads every year between October and May. It is caused by influenza viruses and is spread by coughing, sneezing and close contact.

The flu can lead to pneumonia and various blood infections. If you have other medical conditions the flu can worsen those symptoms.

Symptoms may be:

- chills/fever
- muscle aches
- sore throat
- fatigue
- cough
- headache
- Runny or stuffy nose



A dose of flu vaccine is recommended by the CDC every flu season.

Front Range flu shots will be here on October 12th from 9am -10:30am. Please see the front desk to make sure we have copies of your insurance cards and you fill out a request form.

If you have Innovage, Physician House Calls or Kaiser- we will keep you posted when they will administer the vaccine.

Remember to wash your hands and cover your mouth and nose when you cough and sneeze.