

# The Gazette

OFFICIAL NEWSLETTER: LIBBY BORTZ ASSISTED LIVING CENTER



## May 2018

### **What is happening at LBALC?**

We are excited to see more and more residents "OUT and ABOUT". You have discovered scheduled activities and then realized that you can play on your own at any day of the week, anytime you want. We have board games, cards, puzzles and movies that are available.

Keep it up... It is important to have the **mind and the body moving daily.**

**Lunch Outing to the 4 G's Mexican Restaurant** On Friday, May 18<sup>th</sup> we will be going to the 4 G's for lunch at 11:00 a.m. If you are interested in going, please sign up at the front desk.

### **Baking with Mandy**

Come and join us in baking some homemade **chocolate cupcakes**. Baking will be held on Tuesday, May 1<sup>ST</sup> at 2:30 p.m. in the Activities Room.

### **Cinco de Mayo Social**

We will be celebrating Cinco de Mayo on Friday, May 4<sup>th</sup> at 2:00 p.m. on the 3<sup>rd</sup> floor come and join us for some amazing margaritas with chips and salsa.

### **Birthday Party- w/"Gino"**

Gino will be performing on Tuesday, May 8<sup>th</sup> at 2:30 p.m. in the dining room. We will have cake

### **Memorial Day Flag Raising Ceremony**

Join us in honoring our veterans Monday, May 28<sup>th</sup> at 10:00 a.m.

### **Are You Ready for the Heat of summer?**

Dynasty Painting will be taking off the covers on resident air conditioner units' on Tues, May 8<sup>th</sup>.



### **Mother's Day-**

Everyone has a mother, so it is not surprising that throughout the world there are ways of honoring and celebrating mothers. Mothers have had a key role in families and take the lead in passing down family stories, life lessons, and traditions. Many people may believe that Hallmark or others who sell cards, candy, and flowers developed Mother's Day. Alternatively, they may believe it is a day solely to celebrate the domestic role of women in the home and family. Neither of these perceptions is accurate. The day honors women who have acted on behalf of not only their own children but also future generations.



The earliest Mother's Day celebrations occurred in ancient Greece honoring Rhea, the mother of the gods. During the 1600s, England celebrated "Mothering Sunday" As a way to honor the mothers of England.

In the United States, Julia Ward Howe, a Boston writer and suffragist first suggested a Mothers' Day in 1872. She saw it as a day dedicated to peace. By 1911, Mother's Day was celebrated in almost every state. In 1914, President Woodrow Wilson made it official: Mother's Day would be a national holiday held each year on the second Sunday in May.  
ENJOY YOUR DAY!

### Reminder On House Rules

1. Visitors are always welcome at the Center. Residents are permitted to have overnight guests in their apartment for up to three days every month. Visitors and guests must comply with all facility rules and regulations. Visitors and guests who violate the Center's rules and regulations will be asked to leave.
2. Residents are generally not permitted to keep pets in their apartment. Residents may be allowed to keep lawful service or guide animals, or Assistance Animals approved as a reasonable accommodation. The Center will not charge a pet deposit or additional fee for service, guide, or Assistance Animals. The Resident will be responsible for adequately curbing, controlling, and caring for the animal (including feeding and keeping all shots and veterinary records up-to-date) and paying for any damages beyond normal wear and tear that the animal may cause to the premises. Subject to the approval of the Executive Director or other Center representative, pets are welcome for short social visits during one day but may not stay overnight. Any visiting dog or cat must be kept on a leash when outside of the resident's room. Guests

are responsible for all pet waste clean-up and any damages the pet causes to the Center or residents. Guests are also liable for any injury the pet causes to any person or property on the premises. All pets must have a safe temperament and if any pet causes a disturbance, the Center will ask the guest to leave the premises with the visiting pet.

3. Food stored in apartments must be kept in covered metal, plastic or glass containers.
4. Meals will be served at the following times: Breakfast at 7:30 until 8:00, the noon meal 12:00 until 12:30 p.m., and the evening meal from 5:30 until 6:00 p.m. Residents who do not come down to the dining room during the serving times will need to order a room tray. Residents can request a room tray before or during serving times. Residents may request a regular room tray or a sick tray. Sick tray items that are available are cream of wheat or cream of rice, jello, toast, broth (chicken or beef), rice, chicken noodle soup, crackers and beverage of choice. Residents who consistently order room trays or refuse to come down for meals will be evaluated as to the appropriateness of their placement at Libby Bortz. Residents are required to come to a minimum of two meals per day. A snack cart is available for the residents twenty four hours a day upon request. Items available on the snack cart are bread, peanut butter, jelly, cold cereal, instant oatmeal, chicken noodle soup, tomato soup, cheese crackers, breakfast bar, sugar-free cookies, fruit (bananas & oranges), milk and juice. Coffee/Hot Water Stations are available on each floor at all times. It is necessary to notify the front desk when you are planning to be absent for a meal.