



# Libby Bortz Assisted Living Center

## Sample Menu - Winter Season

Always Available	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST</b>							
Cold Cereal Wheat / White Toast Raisin Toast Assorted Juices Milk / Hot Tea Regular and Decaf Coffee Hot Chocolate	Oatmeal Pancakes Scrambled Eggs Sausage Fruit	Cream of Wheat Cheese Omelet Ham Warm Muffin Fruit	Oatmeal Fried Eggs Hash Browns Bacon Fruit	Malt o Meal Waffle Scrambled Egg Sausage Fruit	Oatmeal Sausage Gravy Biscuit Fried Eggs Fruit	Cream of Wheat Fried Eggs Sausage Danish Fruit	Oatmeal Scrambled Eggs Hashed Browns Bacon Fruit
<b>LUNCH</b>							
nsa Ice Cream nsa Vanilla Pudding Chocolate Pudding nsa Gelatin Assorted Dressing Assorted Juices Milk / Hot Tea Regular and Decaf Coffee	Spinach & Bacon Salad Carrot & Raisin Salad <b>Barbequed Chicken Leg</b> OR <b>Pot Roast</b> Mashed Potatoes Broccoli Bread Basket Berry Crisp	Libby Bortz Salad Apple Sauce <b>Baked Stuffed Cod</b> OR <b>Leg of Lamb</b> <b>Mint Brown Sauce</b> Buttered Peas Au Gratin Potato Bread Basket Chocolate Pudding	Spinach & Bacon Salad Cottage Cheese <b>Curried Chicken with Coconut</b> OR <b>Veal Parmesan</b> <b>Angel Hair Pasta</b> Baby Green Beans Bread Basket Banana Cake	Libby Bortz Salad Three Bean Salad <b>Stuffed Chicken Breast</b> <b>Rice, Italian Vegetable</b> OR <b>Beef Stew</b> with Biscuit Bread Basket Bread Pudding	Spinach & Bacon Salad Ruby Pears <b>Beef Wellington</b> OR <b>Braised Chicken with Bacon &amp; Onions</b> Wild Rice Broccoli Bread Basket Maple Bars	Libby Bortz Salad Pickled Beets <b>Poached Salmon with Basil Cream Sauce</b> OR <b>Apricot and Plum Stuffed Pork Loin</b> <b>Green Beans</b> Yams Bread Basket Assorted Ice Cream Bars	Spinach & Bacon Salad Coconut & Pineapple <b>Pork Fritter</b> OR <b>Chicken Burrito with Green Chile</b> Spanish Rice Corn Bread Basket Flan
<b>DINNER</b>							
nsa Ice Cream nsa Vanilla Pudding Chocolate Pudding nsa Gelatin Assorted Dressing Assorted Juices Milk / Hot Tea Regular and Decaf Coffee Hot Chocolate	Creamy Wild Rice Cracker Basket <b>Corn Dog with Fries</b> OR <b>Turkey Tetrazini</b> <b>Vegetable Blend</b> Cherry Pie	Cauliflower Cheddar Cracker Basket <b>Grilled Chicken Sandwich with French Fries</b> OR <b>Beef &amp; Boursin Cheese on a bun</b> Potato Chips Lemon Bar	Chicken Noodle Soup Cracker Basket <b>Turkey Wrap with Avacado &amp; Tomato</b> OR <b>Ham &amp; Cheese Quiche with Fruit</b> Pecan Brownie	Cream of Broccoli Cracker Basket <b>Spinach Lasagna, Yellow Squash</b> OR <b>Tuna Salad Plate</b> Potato Salad Fresh Fruit Lemon Meringue Pie	Split Pea Soup Cracker Basket <b>Hamburger with Pickle Lettuce &amp; Tomato</b> OR <b>Chicken Tenders with French Fries</b> Raspberry Jelly Roll	Beef Barley Cracker Basket <b>Fish &amp; Chips</b> OR <b>Filet of Chicken Sandwich</b> <b>Sandwich</b> <b>Cole Slaw</b> Apple Turnover	Cream of Tomato Cracker Basket <b>Salisbury Steak with Mashed Potatoes</b> OR <b>Grilled Cheese</b> <b>Potato Salad</b> Cookie